

Activities for Sunday 31st January 2021

[Mark 1:21-28](#)

https://www.youtube.com/watch?v=N22Y_S7uWQM&pbjreload=101

Prayer Activity

Pick up and hold a newspaper

As you prepare for worship today think about some good news stories that you have heard recently that reflect a transformation in someone's life. That might be a personal story known to you or something that has garnered wider interest in the press.

- What was the transformation you brought to mind?
- How might God have been a part of that change?

Sing https://www.youtube.com/watch?v=Vep_Ty4Zx1o&pbjreload=101

Community People

You will need: a large sheet of paper (with the title 'OUR COMMUNITY' written along the top), coloured paper, colouring pencils and felt-tip pens, scissors, PVA glue and glue spreaders.

Think about the story and the people being amazed at the power Jesus was showing when he healed the man. Think about Jesus' power coming from God and about how he always used his power and authority for good.

Think about the people in your community who they think have authority or power and who use it for good—people who help you—and compile a list of these people. This may include folks such as doctor, community nurse, teacher, parent or grandparent, community policeman, perhaps even the crossing patrol person.

Now take a sheet of paper and draw a picture of some of these people. When completed cut out your person and stick it onto the frieze paper. Repeat until you have a crowd.

Think about all the people in your community being able to reach out and help other people just as Jesus did.

Please post photo's of your crafts in the comments of the Sunday service post on our fb page. <https://www.facebook.com/livingstonoldparishchurch>

Adapted from Spill the Beans