

Livingston Old Parish

Activities for Sunday 21st February 2021

Mark 1:9-15

[https://youtu.be/ VMNO2MAmwA](https://youtu.be/VMNO2MAmwA)

Prayer Activity

Write on a piece of paper the word Covid 19.

Many people choose to do something to mark the season of Lent, often deciding to give something up for Lent. Take a moment to reflect on the last year and the things you have been forced to give up and are missing because of the restrictions Covid-19 has placed on us.

Sing <https://youtu.be/I9GsKFlaRo0>

Covenant Bracelets

You will need: embroidery thread or wool in the seven colours of the rainbow, scissors, safety pin.

Take one colour of thread and wrap it loosely around your wrist about two and a half times and then cut the thread at this length. You should then use this length of thread as a measure for the other six colours. Lay the threads out in the order of the rainbow and then tie tightly at one end. Plait the threads together to make your bracelet. Following the instructions in this link:

<https://www.wikihow.com/Make-a-Friendship-Bracelet>

Think about the different colours within the rainbow and try and identify something within the world/creation which has each of the rainbow colours (red tomatoes, blue sky and so on)

Please post photo's of your crafts in the comments of the Sunday service post on our fb page. <https://www.facebook.com/livingstonoldparishchurch>

Adapted from Spill the Beans